

# The Gator Gazette



**LCRC: 583**  
**Arden Hills: 317**  
**Congratulations on**  
**a great win!**

July 10, 2011  
Volume 5, Issue 5

## Meet Schedule

7/16 Arden Park

7/23-24 Champs

8/6-7 MOC

## Team Events

7/18-22 Spirit Week

7/21 Mini Gators  
ends

7/22 Carb Load @  
LCRC 5:30

7/29 Team Banquet

This week's meet is at home - we'll be swimming  
against Arden Park.

Check in Saturday morning by 7am!

If you can't make the meet, please sign out  
by Tues, July 12th



Swim Photos  
will take place on  
Friday at 4pm.  
(Individual make-ups  
and the team photo.)

A "start" clinic will  
follow from 5 - 6pm.  
All swimmers are  
welcome!

**Coach Appreciation  
& Spirit Week  
is July 18 - 22.**  
**More info to come!**



Last morning  
practice on Friday,  
July 15th.



There is no practice  
on July 22nd due to  
the Pasta Feed



Team Banquet is  
July 29th. It will be  
appetizers and  
dessert. If you are  
interested in  
helping out, please  
let Coach Sara  
know.

